



Newsletter

Term 4, Week 6- 2019



Session One Highway Heroes

This term, Session One have been involved in a social skills program with Catholic Care on Tuesday during group time.

We have been learning about how to cope with social situations with others and understanding the behaviour of ourselves or others. We are learning about how problems and situations might make us feel and how we can overcome them.

As you know, we love taking time to breathe and be calm in Preschool, this week we focused on bubble breathing and reinforced we can do it anywhere and anytime we need to each day!

How to bubble breathe?

- Take a deep breath in
- Count 1,2,3
- Then breath out like we are blowing bubbles
- We can do it as many times as we need to feel calmer.

Have a go yourself and with your children!

Footy Colours Day

Thank you for getting involved in the school and team spirit for Footy Colours Day.

The children spoke about teams they support and Session Two saw other staff and children dressed up during Assembly which was very exciting!

Thanks for your involvement.

Treasure Every Moment with your Child!

(What special moment are you going to treasure with your child today?)

- Read your favourite childhood book to your child.
- Google the Freeze Dance Song and dance with your child. All the child love it and they would love to dance with you.
- Write a letter to someone you love and post it.

Thank you for sharing special moments with us. We love to hear about your memories and see photos or drawings.

Session Two Science Incursion

On Thursday, we welcomed Mitch and Fay from The Early Start Discovery Centre at University of Wollongong for a Science incursion.

During the incursion, we were engaged in learning about AIR and SCIENCE.

The children were involved in predictions and experiments involving air and focusing on balloons. We all were intrigued by how strong balloons are and how many people that they can hold when we put them under a flipped table without popping the balloons. How many children do you think stood on the table without the balloons popping/

Our interests in balloons, air, pumps, making predictions and experimenting continued in Preschool and Science is all around us!

Thank you for the families who were able to join us for the incursion. Your support is greatly appreciated!

Important Dates to Remember

The end of year celebrations and events are fast approaching. Please find attached information to help prepare you and keep up to date.